

LEARNING FROM EXPERIENCE: WHAT IS SUCCESSFUL RESPITE IN A POST-PANDEMIC WORLD?

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## Adapting: Our Journey Through the Pandemic

- During the pandemic
  - A shift in services
  - Finding the value in virtual programs
    - Workshops
    - Social engagement
  - Finding new ways to connect with Grandfamilies
  - Supporting families during the pandemic
  - Respite services changed





### Moving Beyond and Thriving



#### Post-Pandemic

- Continued virtual programs
- Challenges to bringing people back to in-person events
- Decrease participation in support groups
- Increase in social outings attendance
- New programs developed
- New opportunities for community partnerships

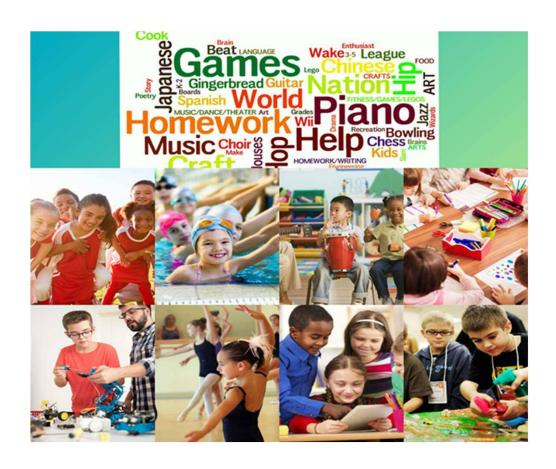


#### Respite - Funds for Kids Activities



#### Financial assistance

- Time-off for the grand or kinship caregiver
- Supervised activity for the child
- Community engagement





#### Kids Day Out Activities

- Drop-off events quarterly
  - Crafts
  - Movies
  - Magic Show
- Community partnerships
  - Find help
- Benefits
  - Grand and kinship caregivers get a break for 4 hours
  - Grandfamilies don't all have supportive people to help care for the children
  - Children get to connect with other children in similar situations











## Grandfamily Outings/Retreats

- Monthly social outings in the community
  - Zoo
  - Museums
  - Bowling
  - Pool parties
- Yearly retreats
  - Staycation or Road Trips
- Benefits
  - Grandfamilies lose relationships so offering these outings help them connect to other grandparents
  - Children get to connect with other children in similar situations





## Tips for Success

- Be flexible
- Build partnerships
- Keep up technology
- Be creative
- Eligibility requirements





# Other Services Offered to Duet's Grandfamilies

- Grandparent Sharing Groups
  - In person and virtually
  - Find connection and support from a community which understands
- Educational Workshops
  - Special topic meetings
  - Lunch/Brunch and Learn
- Information and Referral
  - Help grandfamilies access community resources
- Benefits and Legal Guidance
  - Guardianship, Non-Parent Custody, or Dependency
- Family Support Coordination
  - FSC works with the families one-on-one-support and navigation of various systems and services





#### Contact Us

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