



AREA AGENCY ON AGING
REGION ONE, INCORPORATED

Volunteer Opportunities

The Area Agency on Aging has many volunteer opportunities. Volunteers help to expand our reach, leverage our impact and provide valuable services to older adults in our community. Our programs need volunteers on an ongoing basis.

Benefits Assistance – Medicare Counselor

Provide assistance and information to help clients make informed decisions about their healthcare coverage. Training consists of a comprehensive overview of Medicare and information about Social Security, AHCCCS, and Long Term Care through a five day class. Counselors follow up with 15 hours of on-the-job training.



DOVES® Program

Support victims of abuse on their healing journey by assisting individuals with the skills and support to become self-sufficient and live a life free from abuse.

Elder Refugee Program

Serve as English Language and Citizenship teachers, assistant teachers, and tutors, to elderly refugees who are pre-literate (not literate in their native language). Training consists of a program and curriculum orientation, and two class observations before receiving a teaching assignment. A commitment to a 10-week class session is required.



AmeriCorps

Two opportunities are available for AmeriCorps Members, 55 and older. The first is to help older adults remain healthy, active, and independent by creating Caring Circles of volunteers who live in close proximity to older adults who have reached out for Agency services. These members will recruit and train volunteers who will provide telephone reassurance calls and social support to homebound individuals. The second opportunity provides education on Medication Misuse. Excellent training, flexibility, and a small stipend are provided. Members must commit to a minimum of one year of service.

Ombudsmen

Provide support to residents of long term care, assisted living and skilled nursing facilities. Educate residents of their rights to quality of life and care. Assist in the protection of rights. Work with residents to resolve complaints. Twenty hours of training is provided to become state certified and we ask for a service commitment of two to eight hours per month.



Scottsdale Home Delivered Meals – Meals on Wheels

Deliver noon-time meals to homebound seniors living in North Scottsdale and Paradise Valley. Training includes a ride along with current staff or volunteers to learn the meal delivery routes and important information to the program. A commitment of two hours, once a week.

For more information, call 602-264-4357
www.aaaphx.org

In accordance with the Americans with Disabilities Act, the Area Agency on Aging, Region One, will make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, if necessary, the Area Agency on Aging will provide sign language interpreters for people who are hearing-impaired, a wheelchair accessible location or enlarged print materials. It also means that the Area Agency on Aging will take any other reasonable action that enables you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be capable of understanding or taking part in a program or activity because of your disability, please let us know of your disability needs in advance, if at all possible. Please contact the Area Agency on Aging, Region One, at 602-264-2255.