

# ARIZONA STATE RETIREMENT SYSTEM

# 2023 Open Enrollment

DELTA DENTAL

Cigna

UnitedHealthcare



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# 2023 Open Enrollment

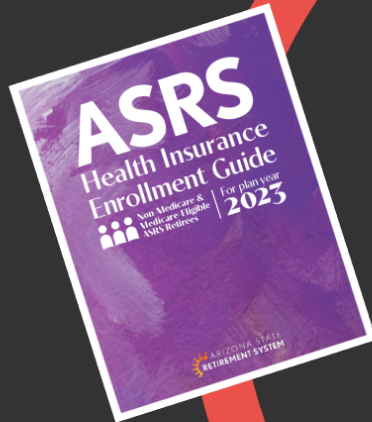
 DELTA DENTAL

 Cigna.

 UnitedHealthcare



# 2023 *Open Enrollment*



- Important Dates
- Plan Overviews
- Enrollment Information
- Resource & Contact Information



# *Options*

- ASRS
- ADOA
- Private Plans
- Dependent of Spouse Coverage



# *Important Dates*

**Open Enrollment**

**November 1st - November 30th, 2022**

**Effective date**

**January 1st, 2023**

*- Deadline -*

**November 30th, 2022**

# Medicare

**2** Plans to choose from

**Group Medicare Advantage HMO**

**Group Medicare Advantage PPO**

ASRS Medicare Advantage offerings are not individual AARP plans but customized for the group.

**MEDICARE P**

**Group Medicare**  
*(Arizona In-Network)*

**Group Medicare**  
*(Nationwide In & Out)*

## Medicare Premiums

<b>MEDICARE PLANS</b> (You and your dependent(s) <u>HAVE</u> Medicare Part A and B)			
	Single	Family (Single +1)	Family (Single +2)
<b>Group Medicare Advantage HMO</b> <i>(Arizona In-Network Coverage Only)</i>	\$ 64.00 a month	\$ 128.00 a month	\$ 192.00 a month
<b>Group Medicare Advantage PPO</b> <i>(Nationwide In &amp; Out-of-Network Coverage)</i>	\$ 103.00 a month	\$ 206.00 a month	\$ 309.00 a month

**Benefit structure remains unchanged  
for both Medicare plans.  
Plan premiums will increase.**

# *Non-Medicare*

## **4** Nationwide plans

**Choice Premier**

**Choice Value**

**Choice Economy**

**\*Choice Plus PPO**  
offers out of network coverage



## Non-Medicare Premiums

<b>NON-MEDICARE PLANS</b> <i>(You and your dependent(s) DO NOT have Medicare Part A and B)</i>			
	Single	Family (Single +1)	Family (Single +2 or more)
<b>Choice Premier</b> <i>(Nationwide In-Network Only Coverage)</i>	\$ 1,062.00 a month	\$ 2,124.00 a month	\$ 2,974.00 a month
<b>Choice Value</b> <i>(Nationwide In-Network Only Coverage)</i>	\$ 886.00 a month	\$ 1,772.00 a month	\$ 2,481.00 a month
<b>Choice Economy</b> <i>(Nationwide In-Network Only Coverage)</i>	\$ 775.00 a month	\$ 1,550.00 a month	\$ 2,170.00 a month
<b>Choice Plus PPO</b> <i>(Nationwide In &amp; Out-of-Network Coverage)</i>	\$ 1,361.00 a month	\$ 2,722.00 a month	\$ 3,811.00 a month

***Benefit structure remains unchanged for all plan options and plan premiums remain unchanged.***

# Benefits

**Silver Sneakers  
Will Transition to the  
Following in 2023:**

One Pass Fitness  
For Non-Medicare

Renew Active Fitness  
For Medicare

# *Additional Benefits*

## **Medicare**

- Renew Active
- HouseCalls
- Telephonic Nurse Support
- Healthy At Home

## **Non-Medicare**

- One Pass
- Quit for Life

## **Both**

- Real Appeal
- UnitedHealthcare Hearing
- Virtual Visits

DELTA DENTAL PPO - N

Delta Dental High Plan Option

Delta Dental Low Plan Option

CIGNA DHMO - SELECT

Cigna DHMO

# 3 Dental Plans



Delta Dental High Plan Option  
Delta Dental Low Plan Option



Cigna DHMO Plan

Benefit  
all

# Dental Premiums

	Single	Family (Single +1)	Family (Single +2 or more)
<b>DELTA DENTAL PPO - NATIONWIDE COVERAGE</b>			
Delta Dental High Plan Option	\$ 35.75 a month	\$ 71.35 a month	\$ 100.97 a month
Delta Dental Low Plan Option	\$ 16.60 a month	\$ 35.09 a month	\$ 64.24 a month
<b>CIGNA DHMO - SELECT STATES (EXCLUDES AK, ME, MT, NH, NM, ND, PR, SD, VI, VT, AND WY.)</b>			
Cigna DHMO	\$9.75 a month	\$ 15.99 a month	\$ 24.71 a month

***Benefit structure remains unchanged for all plan options and plan premiums remain unchanged.***

# *Passive Enrollment*

**If you currently have coverage, no action is needed to maintain coverage in 2023**

If you'd like to make changes, you can use our easy, secure Online Enrollment feature by logging into your myASRS account at [AzASRS.gov](https://AzASRS.gov), or follow your employer's process

# *Who Should Submit?*

- Electing a different ASRS medical and/or dental plan
- Adding or deleting a dependent
- Terminating ASRS coverage
- New enrollee with ASRS
- Becoming Medicare eligible

# *Premium Benefit*

*Offsets the cost of your  
insurance premium*

**Insurance must be through:**

- ASRS Employer (not subsidized)
- Employer Provided COBRA
- ASRS Group Insurance



# Health Care Page

*One place for everything you need to know*

**Research  
Compare  
Enroll**



# Contact Information

Inside back cover of the guide

## Telephone Numbers & Websites

When calling these insurance carriers, be sure to tell them you are an ASRS retiree.

### Medical Carrier - UnitedHealthcare

**Group Medicare Advantage HMO & PPO Plans**  
(Weekdays, 8 AM-8 PM, local time)  
844-376-6163 / TTY: 711, when prompted: 844-876-6161

#### Medicare Internet Addresses:

- Medicare Plans: [retiree.uhc.com/retiree](http://retiree.uhc.com/retiree)
- Medicare Virtual Education Center: [uhcvirtualretiree.com/retiree](http://uhcvirtualretiree.com/retiree)
- UnitedHealthcare Hearing: [uhchearing.com/retiree](http://uhchearing.com/retiree)
- UnitedHealthcare Vision: [medicare.myuhcvision.com](http://medicare.myuhcvision.com)

**Non-Medicare Choice and Choice Plus Plans**  
(Weekdays, 8 AM-8 PM, local time)  
800-509-8729

#### Non-Medicare Internet Addresses:

- Non-Medicare Plans: [myuhc.com](http://myuhc.com)
- Non-Medicare Virtual Education Center: [uhcvirtualretiree.com/retiree](http://uhcvirtualretiree.com/retiree)

### Dental Carriers

**Delta Dental of Arizona** (Delta Dental High Plan Option & Delta Dental Low Plan Option)

- Website: [deltadentalaz.com/retiree](http://deltadentalaz.com/retiree)
- PPO Dental Customer Service & Claims: 833-335-8201, TTY: 711 (Weekdays, 8 AM - 5 PM, MST)
- Vision Discount Services (via EyeMed, Group #9231093): 866-246-9041 or [eyemedvisioncare.com/deltadental](http://eyemedvisioncare.com/deltadental)

**Cigna Dental Care (DHMO) Plan**

- Customer Service and Claims: 800-244-8234 (Available 24/7)
- Website: [Cigna.com/ASRS](http://Cigna.com/ASRS)

### Prescription Discount Card

**WellCard** (Available 24/7) 800-562-9625 / [WellCardHealth.com](http://WellCardHealth.com)

### ASRS Member Services

Phoenix Area: 602-240-2000 (M-W 8 AM - 5 PM, TH-F 8 AM - 4 PM, MST) / [AzASRS.gov](http://AzASRS.gov)  
Tucson Area: 520-239-3100 (M-W 8 AM - 5 PM, TH-F 8 AM - 4 PM, MST) / [AzASRS.gov](http://AzASRS.gov)  
Out-Of-Area: 800-621-3778 (M-W 8 AM - 5 PM, TH-F 8 AM - 4 PM, MST) / [AzASRS.gov](http://AzASRS.gov)

### PSPRS, CORP & EORP Benefits Office

(Weekdays, 8 AM - 5 PM, MST) 802-255-5575 / [PSPRS.com](http://PSPRS.com)

### ADQA Benefits Office

(Weekdays, 8 AM - 5 PM, MST) 602-542-5008 / 800-304-3687 / [BenefitOptions.AZ.gov](http://BenefitOptions.AZ.gov)

### Other Helpful Numbers & Websites

Social Security 800-772-3213 / [SSA.gov](http://SSA.gov)  
Medicare 800-633-4227 / [Medicare.gov](http://Medicare.gov)

# *Additional Benefits*



## Discount Programs





***Deadline:***

**November 30th, 2022**

***Effective  
January 1st, 2023***

