

ASURA PRESENTS:



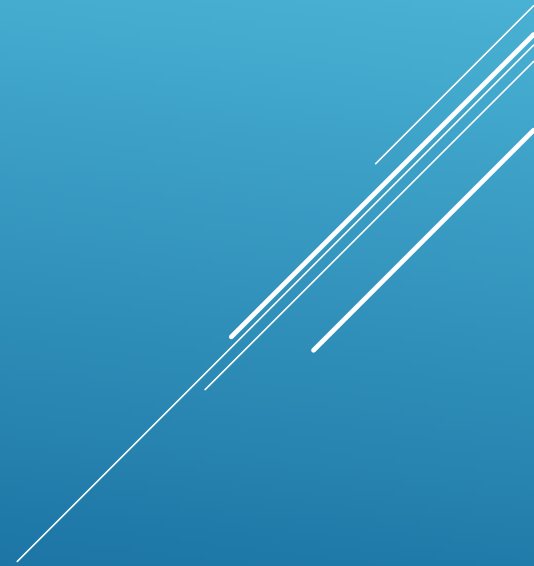
WHAT TO DO WITH ALL THIS STUFF????????????????????



Like we tell students...

FOCUS on your

G P A



Goal

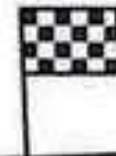


SON, ONE DAY THIS WILL ALL BE YOURS!

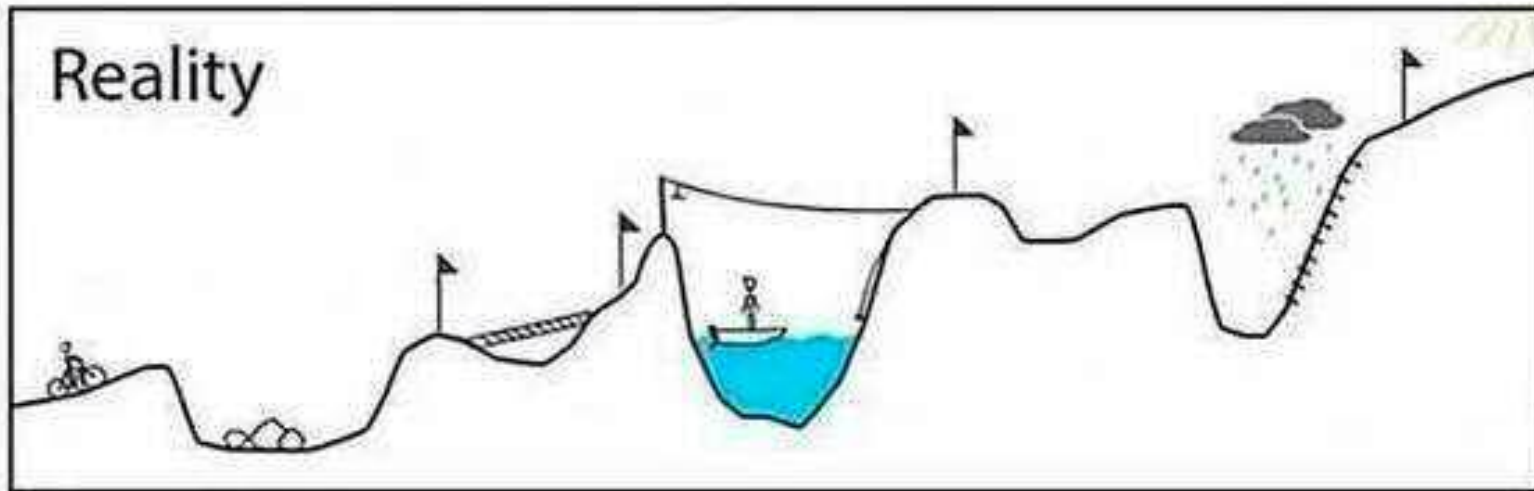
PLAN –
a goal
without
a plan
is just a
wish....



Your plan



Reality



— be —
**HONEST
WITH
YOURSELF**

Is your goal to get rid of stuff?

EASY

Is your goal to make money from
your stuff?

NOT so easy

Is your goal to have others value
your stuff?

Almost impossible

▶ QUESTION:

WHAT IS MY STUFF WORTH??

▶ Answer:

What ever you can get for it!!

A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, located in the lower right quadrant of the slide.



ACTION: DO SOMETHING



SOME OPTIONS INCLUDE:

A DUMPSTER

A THRIFT STORE

A GARAGE SALE

AN ESTATE SALE

OR HIRE AN EXPERT – INTRODUCING

MARIANNE GARITI

MOVING FORWARD - OWNER



Moving Forward Senior Move Managers

An Introduction and Tips and Tricks for Downsizing



www.movingforwardarizona.com

480-742-1010

Why a Senior Move Manager?



Many clients haven't moved in 30, 40, or 50 years. This can become a very physical and emotional undertaking as they are faced with downsizing, moving, unpacking, and other things associated with moving.

About 18 years ago, the National Association of Senior Move Managers (NASMM) was created as an organization to provide accreditations, programs and expertise related to transition and relocation issues affecting older adults. Moving Forward received an A+ Accreditation from NASMM for moving seniors and divorcing couples.

Our goal is to do all we can to make the downsizing and moving process as smooth as possible for our clients.



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Why The Growth of SMM Now?



Helping Our Seniors Downsize With Ease!™

- Families are geographically dispersed.
- Adult children are often unable to help due to distance, careers, family obligations, or they may have health ailments of their own.
- Some seniors have no surviving children or spouse. Families struggle with closing out parent's estate while dealing with their own day to day responsibilities.
- Divorced couples appreciate having third-party options.

Many Moving Parts



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A SMM will...



- Develop a move plan and timeline.
- Develop a scaled floor plan.
- Provide hands-on help for sorting and decluttering.
- Provide resources for selling and donation.
- Stage your home for a quick sale.
- Pack, move and unpack your belongings.
- Set up your new apartments.
- At the end of move day, all boxes are removed, beds are made, electronics are connected, and you are ready to relax in your new home!

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How Long Does All This Take?



- 100 hours sorting
- 20 hours selling, disposing, donating
- 40-60 hours packing and unpacking
- 50-120 cartons

(estimate for 2500 sq ft house)



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Mental Preparation



The “ Let It Go ” way:

- It is mine
- It was my mother’s
- My children may want it someday
- I am still looking through this pile
- I may need it in the future
- I have no idea where to start

Don't let your stuff keep you from the life you want to live.

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Avoid Decision Fatigue



Be prepared to ask difficult questions:

Example: When downsizing your closet, ask these three questions:

- "Do I love this?"
- "Do I look good and feel great while wearing this?"
- "When have I used this last?"
- "If I did not already own this, would I buy it again?"
- "What is the reason for keeping this item?" (guilt?)
- "What is the memory involved around keeping an item you no longer use?"

Have A Plan- Part One



- Keep – I love and use these items often
- Ready To Part With – Sell, Donate or Share
- Maybe – Not ready to decide quite yet
- Trash / Recycle / Shred

Use stickers and signs to help keep organized.

Sort, Don't Pack

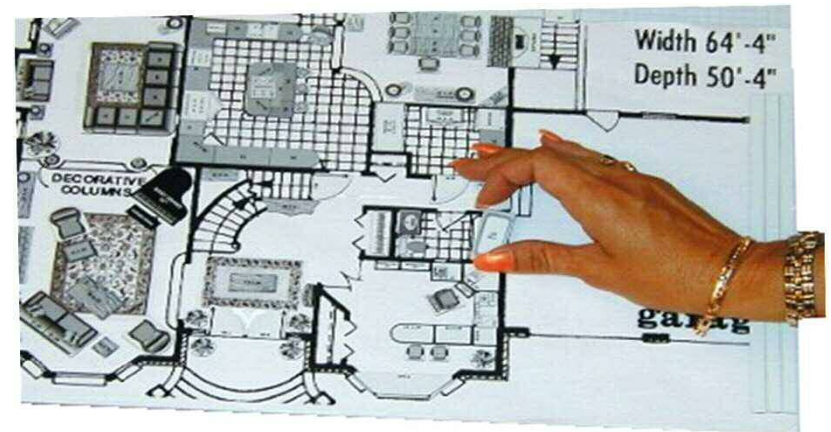


- If you can pack it now and not need it until next year, are you sure you need it?
- Set a timer and sort for 20 minutes per day.
- Start in an area that you do not use often.
- Focus on one area at a time.

Create a Floor Plan



- One of the most important steps in moving!
- Removes guesswork and avoids costly, stress producing errors.
- Puts you in control.
- Your roadmap for all that follows.



Goal: To make your new home feel comfortable

Special items



- Take note of what you use now.
- Compare it to what you will have in the new space.
- This will help you during the floor plan creation!



Have A Plan - Part Two



Ask yourself:

- Would I like to share some of my items with family/ friends? (How will they retrieve items / do they want them / will they use them?)
- What donation organizations are most meaningful to me? (How will I get the items to them?)
- Can someone use this item today?

Is Your House Ready to Sell?



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Things To Keep In Mind



Typical discussion points with your realtor

- When to list? Before or after you move.
- Handyman work
- Fresh paint
- Deep cleaning
- Staging

Before



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After



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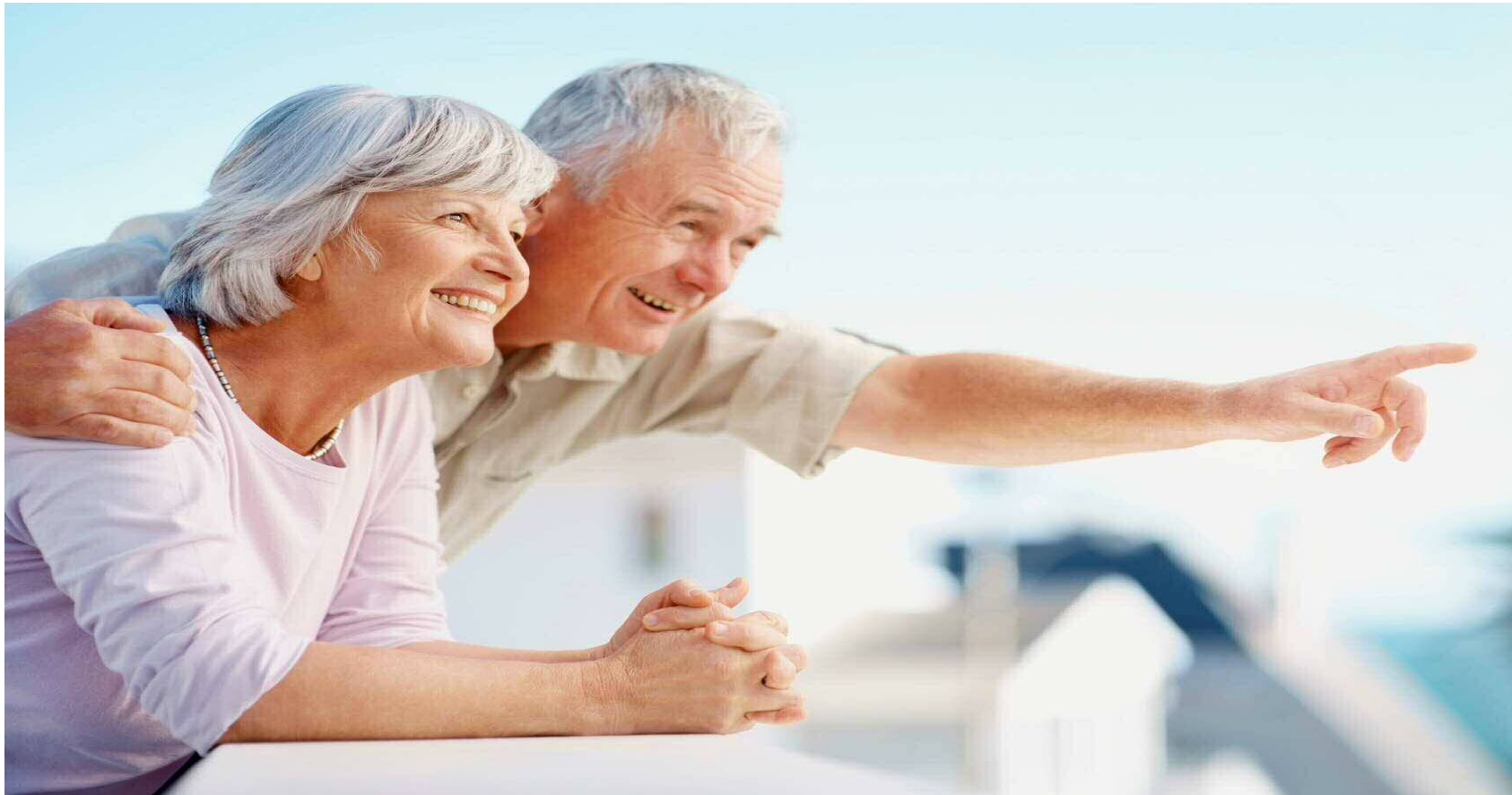
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Ready To Enjoy The Next
Chapter Of Your Life!



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Thank you for meeting with us today!



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