

prime times @ ASU

Arizona State University Retirees Association Newsletter

Summer 2016

President's Message

As we celebrate the successes of last year and anticipate continued successes for this next year I would like to send a big thank you to all of the ASURA volunteers, including Immediate Past President Jim Fordemwalt, elected and ex-officio Board Members, Office Staff, Committee Chairs, Committee Members and Liaisons, and the many members who contribute to our publications and web presence.

Leaving the board this year, after a job well-done, are Jo Madonna (Past-President), Karen Hammann, Glenn Irvin, Jan Thompson, and Hal White. These individuals have provided leadership on the board, on committees and in any number of other ways. And, a big welcome to our new board members: Tony Brazel, Jay Butler, Jeri Meeks (Vice President), Tara Roesler, and Dave Schwalm.

Take a look inside this issue of *Prime Times* and on the website (<https://asura.asu.edu/>) to see what is happening this summer and fall. We are an organization of volunteers, who serve to achieve the purposes of the organization, including working to ensure ASU retirees have maximum retirement benefits and to sponsor educational, charitable, service, historical and other programs relating to interests of ASURA retired members.

How would you like to be involved? What would you like to do next year to have fun, be social and learn something new? Would you like to join a book club that features something *you* are interested in, like history or current events? Would you like to go hiking, set off on a photographic adventure, or maybe learn how to improve your health and fitness? ASURA has a reputation of providing events, travel, and educational sessions that support retirees in their interests, and we want your ideas. Do you have a special interest or skill to share? Let us know, so that we can support you in your healthy retirement and support your wellbeing.

As we begin this new membership year, I'd like to leave you with this thought. Michelle Segar (author of *No Sweat: How the Simple Science of Motivation Can Bring You a Lifetime of Fitness*) says that there is only one basic instruction for a lifetime of fitness – “Do what makes you feel good and stop what makes you feel bad.” She encourages readers to take advantage of *opportunities to move* (OTMs). So, the next time you have to go back upstairs to get that item you forgot – just think of it as an OTM! Other OTMs might involve joining ASURA on a journey to wellbeing including fun, fitness and new friendships! See you in the fall!



Barbara White, 2016-2017 ASURA President

Inside This Issue

ASURA Board Officers/Other Volunteers	2	ASURA Annual Meeting - 2016	7-8	2016 ASU Day at the Capitol	10
New ASURA Members	3	Write a Will Workshop	8	2016 Sleep Seminar	11
Video History Report	3	Spring 2016 Luncheon	8	Scamming Schemes Seminar	11-12
ASURA Needs Your Old Books!	4	Tovrea Castle Tour	9	ASURA Fall 2016 Events	12-13
A Retiree's Eye on the Legislature	4-6	ASURA Visits Cuba	9	Obituaries	13-15
Re-Entry Scholarship Awarded for 2016-17	6	ASURA 2016 Annual Meeting	9	Volunteers Needed	16
Adopt-A-Family Update	6	Tour of ASU Downtown	10		

ASURA Board Officers

President
Barbara White



Vice President
Jeri Meeks



Past President
Jim Fordemwalt



Secretary
Bev Buddee



Treasurer
Barry Bruns



ASURA Board of Directors & Ex-Officio Members

Terms Expire
April 2017

Larry Carlson
Joyce Hartman Diaz
Jim Fordemwalt
Barry McNeill
Trudy Perez
Jeannette Robson

Terms Expire
April 2018

Barry Bruns
Bev Buddee
Bob Francis
Larry Mankin
Barbara White

Terms Expire
April 2019

Anthony Brazil
Jay Q. Butler
Jeri Meeks
Tara Fuchs Roesler
David Schwalm

Ex-Officio Members

Alumni Association - Rhonda McClintock
Emeritus College Liaison - *to be determined*
Human Resources - *to be determined*
University Liaison - Barbara Shaw-Snyder & Abby Polito
University Club Liaison - Jim Fordemwalt
University Senate - *to be determined*
University Staff Council - Katie Aguilar

Committees & Liaisons

Adopt-A-Family
Joan Leard

Book Donations
Mary Stevens

E-News
Jo Madonna

Events Coordinator
Barry McNeill

Finance
Barry Bruns

Government Liaison (ASRS)
Larry Carlson

Government Liaison (State Legislature)
Jeri Meeks, Hal White

Health Insurance Liaison (ADOA) Larry Carlson

Health Insurance Liaison (ASRS) Tara Fuchs Roesler

Luncheons/Special Events
Joyce Hartman Diaz

Membership
David Schwalm

Obituaries
Becky Reiss

Prime Times Newsletter
Jeannette Robson

Scholarship
Sue Blumer, Joy Shearman

Seminars
***** Help Wanted *****

Seminars (pre-retirement)
***** Help Wanted *****

Travel
John Brock

Video History Project
David Scheatzle

Website & Data Base
Connie McNeill

ASURA Office Staff

Phone: (480) 965-7668 ***
Fax: (480) 965-7807
Website: <https://asura.asu.edu/>
Location: Community Services Building
200 East Curry Road, Room 201B
Tempe, Arizona

***** Best to call beforehand**

Business Operations Manager
Carolyn Minner
Coordinators, Office Staff
Linda Van Scoy & Nancy Lesko

SUMMER 2016 Office Hours

Monday: 9am-noon Carol Berg
Tuesday: 9am-noon Carol Moore or Linda Van Scoy
Wednesday: 9am-noon Nancy Lesko
Thursday: 9am-noon Bonnie Scheall or Tara Roesler

Friday: **Closed All Day**

Subs: Joan Leard Dorothy Meunier
Helen Seaton Maxine LaRoux

Welcome New ASURA Members

Mary Billington
Annelise Cole
Tracy Grunig
Lisa Jackson
Janice Kelly

Angelo Kinicki
Cherri Miller
Kurt Pany
Mark Rentz
Diana Rodak

Ronald Rutowski
Elaine Stover
Elaine Sweet
Linda Whatley

Video History Report — Summer 2016

Interview Progress:

To date, the Video History Project Team has completed 116 interviews. The most recent interview was of Herman Frazier, interviewed by Jill DeMichelle. You can view short video clips for 88 of the persons interviewed by going to the ASURA website.



Library Repository:

We are now transferring our video files to the ASU Library Repository. With the help of Carolyn Minner and John McIntosh, 46 interviews have been transferred to the Library's server. You can view the following interviews: Doug Anderson, Lattie Coor, Troy Crowder, Susan Dolbert, Don Dotts, Roy Doyle, John Edwards, Bob Ellis, James Elmore, Barbara Eschbach, Darel Eschbach, Harold Fearon, Marvin Fisher, Margaret Gisolo, Elmer Gooding, Len Gordon, Betty Greathouse, William Huizingh, Ted Humphery, Dick Jacob, Bill Kajikawa, Denis Kigin, Frank Kush, Beth Lessard, Eugene Lombardi, Harry Lundgren, Bruce Mason, Alan Matheson, Al McHenry, Gerry McSheffrey, John Meunier, Victor Miller, Carlton Moore, George Morrell, Dick Murra, Russ Nelson, Lonnie Ostrom, Bonnie Peplow, Val Peterson, Anne Pittman, Ross Rice, Frank Sackton, Nick Salerno, Wilma Schwada, Leon Shell, Dean Smith, Rudy Turk, George Umberson, Linda VanScoy, Lou Weschler Hal White and Bobby Winkles. Also included is a panel interview with Russ Nelson, Frank Sackton and Brent Brown.

To access these videos, you need to go to the following address on your web browser: <https://repository.asu.edu/collections/199>. In the upper right hand corner of that page, there is a "sign in." Do this, using your ASURITE account and password. If you don't use your ASURITE account and password, all of the available interviews will not be visible/viewable. Click on the person's name whose interview you want to view. A new page will open showing that person's name in red. Click on that person's name, not the play button. You will get a higher quality viewing by doing this.

The Video History Team:

The recently active video interviewing crew include Linda Van Scoy, Roger Carter, John McIntosh, and Dave Scheatzle. Another important volunteer is Becky Reiss, our scheduler. She contacts person on the list to be interviewed and coordinates the time and place for the interview, after checking the availability of the interviewing crew. Carl Cross has recently joined our team. Carl retired from the ASU Library and is helping and coaching us on adding metadata to the interviews that we upload to the Library Repository. This will allow a person searching the web find a topic covered in our interviews.



*Video History Crew: Roger Carter, Dave Scheatzle (chair),
Linda Van Scoy, John McIntosh*

For more information contact:

Dave Scheatzle - (480) 965-7668
scheatzle@asu.edu

ASURA Needs Your Old Books!

Are your bookshelves too full? Are you downsizing your office or your home and don't have space for all of your books?

Donate your used books to us, and we will work with our partner, Friends of the Phoenix Public Library, to sell them. We'll use proceeds of the sale to support our programs. The ASU Foundation, a separate nonprofit organization that exists to support ASU, will provide you with a gift receipt for tax purposes.

Half of the proceeds will be used for our ASURA scholarship that goes to an ASU student and half will be used for our Video History project.

If you have books you can donate, please visit our website at <https://asura.asu.edu/BookDrive> and print our donation form. Complete the form and either scan and fax or email to Mary Stevens, chair of the Book Drive project or mail it directly to the ASURA office.



For more information contact:

Mary Stevens, (602) 758-3750
marystevens0@gmail.com



A Retiree's Eye on the Legislature

Money, guns and free speech were the topics of interest in the State of Arizona 52nd Legislative session, which closed May 7th this year. With comprehensive university employee retirement and healthcare plan reforms deferred until the next legislative season, ASURA took action to support the Arizona Board of Regents (ABOR) new per-resident-student funding model and supplemental funds request. The ASURA Legislative Liaison team tracked and reported on bills which would directly affect Arizona State University (ASU) and the retiree community.

ASU's 2016-2017 Priorities

ASU's legislative focus was the budget this year and it was a fairly successful campaign. Governor Ducey has adopted the resident-student focused state investment strategy proposed by the Arizona Board of Regents – a formula that invests directly in the education of all Arizona residents who attend an Arizona university. This model is part of a larger plan to raise K-12 standards and promote Arizonans going to college and staying in state to grow our economy.

2016-2017 University Budget

This is the first time in seven years lawmakers have not cut public education funding. Governor Ducey approved

the tri-university general budget for next year with additional funds in response to ABOR's call for a return of previous year state revenues. In an unprecedented move and in addition to the general and ABOR requested funding, \$5M in state funding is earmarked for "Freedom Schools" at ASU and University of Arizona (UA). The ASU W.P. Carey School of Business Center for the Study of Economic Liberty and the College of Liberal Arts and Sciences Center for Political Thought and Leadership will receive \$3M of the budgeted \$5M, with \$2M going to the UA College of Social and Behavioral Sciences Center for the Philosophy of Freedom.

This targeted funding has initiated quite a few conversations since the "Freedom Schools" are also funded by the Koch brothers. Higher education is a top priority for the Kochs; they are focused on the politically relevant discipline of free market economics. Koch officials routinely cultivate relationships with professors and deans and fund specific courses of economic study, focused on politics and government with free-market principles. The Koch organization has donated \$19.3M to 210 college campuses in 46 states in 2013. (Levinthal, 2015)

In an AZ Central article, a Ducey spokesman said that

(Continued on page 5)

(Continued from page 4)

the governor supports the earmark because it provides specialized and innovative programs that shape student's viewpoints long after college. Spokesman Daniel Scarpinato states "The governor.... believes it's important that students in our university system are exposed to a broad range of viewpoints and academic views on a number of issues, including economics". (Sanchez, 2016)

Not all commentary has been as supportive. ThinkProgress writer Casey Quinlan notes that the Koch brothers funded conservative institutes that prioritize "... free-enterprise ideals and libertarian thought [but] don't offer degrees, [they] instead function more as think tanks."

Not all university professors are happy with this funding model; concerns include the precedent-setting use of state funds for what is essentially an ideological political think tank and the Koch's established direct influence on decision making and governance in regards to academic hiring and programming. (Quinlan, 2016)

Bill Passed and Passed on

The ASURA Legislative Team tracked bills which could have a direct impact on ASU and Retirees. These new laws will go into effect August 6, 2016.

Passed; Signed by Governor Ducey as of May 16, 2016

- **SB1428; SB1429; SRC1019; Prop124 - Modifications to the Public Safety Personnel Retirement System (PSPRS)**. This bill provides numerous changes to the Public Safety personal retirement system which include a newly defined contribution plan and changes to the defined benefit plan.
- **HB2160 – ASRS eligible rollovers** – Allows the ASRS Board to no longer accept "indirect rollovers" and to only accept a direct transfer from a member's Individual Retirement Account (IRA) or Individual Retirement Annuity (Annuity). Revision to A.R.S 38-747.
- **HB2271 - Universities; commercial paper**. Enables ABOR to issue commercial paper and obtain lines of credit.
- **HB2547 – Universities; in-state tuition; AmeriCorps**. Permits students who have participated in the AmeriCorps program or the Volunteers in Service to America program in Arizona for at least

one year to be eligible for in-state tuition at Arizona public universities.

- **HB2338 - Educational institutions; firearms; rights of way**. The governing board of an educational institution may not prohibit a person from possessing or carrying a deadly weapon in a person's vehicle on a public right-of-way (highway, street, road, thoroughfare, path, alley). **NOTE:** Per the ASU Public Affairs office this does not include streets on university campuses such as segments of McAllister or College on the Tempe campus, but does include streets surrounding campuses; e.g. Rural, University, Apache, Mill.

Passed on; R.I.P.

As with every legislative session the largest percentage of bills die on the floor. Bills that warranted watching but didn't go anywhere this year addressed firearms on campus, students right to speak on campus, voting on campus, ASRS access for smaller political subdivisions and a "silver-haired" legislative advisory group for the state lawmakers.

Next Year's Watch List; Retirement program and healthcare plan changes

With the support of the Governor and a more amenable group of state senators and representatives next year ABOR's Enterprise will pursue their cost saving agenda by asking for more operating flexibility and the ability to design benefit packages for employees. This flexibility could allow the Enterprise to develop independent benefit programs, grant them full relief from the state's healthcare system through a strategically planned withdrawal and possibly enable to them to offer competitive, flexible, and alternate cost effective retirement programs. ABOR's stated goal is to attract and retain quality faculty and staff.

The 53rd Legislative season could offer precedent setting legislation affecting university employee retirement options. The ASURA Legislative Liaison committee, working with university and state government partners, will keep the Board abreast of the proposed reform actions. We anticipate a lively discussion of diverse opinions and will respond with a seasoned and educated voice.

Works Cited

Levinthal, D. (2015, October 30). *Universities getting Koch cash for libertarian economics*. Retrieved May 5, 2016, from Aljazeera America: <http://america.aljazeera.com/>

(Continued on page 6)

(Continued from page 5)

articles/2015/10/30/koch-foundations-invest-in-higher-education-indepth.html

Quinlan, C. (2016, April 28). *\$5 Million is Going to Koch-Backed Think Tanks in Arizona Universities. Professors are Angry*. Retrieved May 16, 2016, from ThinkProgress: <http://thinkprogress.org/education/2016/04/28/3773610/arizona-freedom-schools/>

Roberts, L. (2016, April 25). ASU official says schools shouldn't get public money...but he'll take it. *Press Reader*.

Sanchez, Y. W. (2016, April 27). Ducey, Arizona Legislators want millions for academic allies. *The Republic*.



Larry Carlson



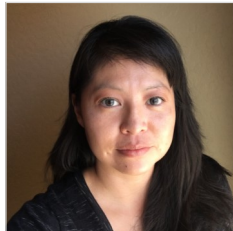
Jeri Meeks

Would you like to work with the ASURA Legislative Liaison Committee in 2016-2017? We would love to have you!

Please contact Jeri Meeks:
jeri.meeks@asu.edu

ASURA Re-Entry Scholarship Awarded for 2016-2017

ASURA is pleased to announce the selection of Marcene Hoover-Bennett for the 2016-2017 re-entry scholarship. Ms. Hoover-Bennett is a Native American from the Many Goats clan of the Navajo tribe and has three children. She plans to major in Communication at the undergraduate level and then attend law school to concentrate on Indian and Environmental Law.



In her personal statement, Ms. Hoover-Bennett described overcoming severe hardships and the illness of her children and herself and her determination to inspire her people by example in completing a college degree.

She also stated that "I am a Native American woman who decided in her thirties to begin a new chapter in life I want my people to have more than thirteen percent graduates from college and learn to lead by example to inspire my people."

Her hopes are to eventually work to help bring jobs and businesses to the reservation, assist companies with communication, and teach native peoples how to succeed and improve their communication.

The ASURA Re-entry Scholarship provides a \$10,000 scholarship to an entering ASU student who has not attended high school for at least five years.

Applicants are considered on the basis of their academic achievement and goals, financial need, community service, and other personal factors based on a personal statement.

Thus, Marcene Hoover-Bennett truly exemplifies the purpose of this "re-entry scholarship."



Sue Blumer, Chair

ASURA Adopt-A-Family Update



Joan R. Leard, Chair

Your Adopt-A-Family dollars are still at work helping two families each year. This school year we have adopted a mother, father and five boys from the Tempe school system and a mother, father and two girls from ASU. We gave them gifts in the Fall and at Christmas.

We had carefully left money in the budget for a Spring delivery. Each person was given Spring clothes and each family received a card for food for Easter dinner.

PAST ASURA EVENTS - Spring 2016

ASURA Annual Meeting - April 16, 2016

Prior to the beginning of the formal meeting, members in attendance enjoyed time for casual conversation and lunch.

Welcome and Association Overview – Jim Fordemwalt

President Jim Fordemwalt opened the formal meeting at 12:00 by welcoming everyone and recognizing and thanking Board officers and members, committee chairs, and the many volunteers who support the Association and carry out its functions.

Remarks by Scholarship Recipient Kazuko Niimi

Scholarship Committee Chair Sue Blumer thanked the organization and the members of the Scholarship Committee for making the scholarship possible. Sue introduced Kazuko Niimi, 2015-2016 Scholarship recipient.

Kazuko, a junior in the School of Engineering of Matter, Transport & Energy, thanked the Association for providing the scholarship. Kazuko was born, raised and educated in Japan. In 1998 she moved with her husband and family to the United States. The Japan earthquake and Tsunami of 2011, with the resulting nuclear disaster, had a profound effect on Kazuko, causing her to think about the future of energy and to choose chemical engineering as her career.

Kazuko described herself as a wife, a mother, a student, and a practical thinker with a unique ability to apply life lessons, believing that she will be a better engineer because of her life experiences. A quote from Booker T. Washington, “*Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome,*” sums up her life view. She is looking forward to making an impact on the world for good.

Video History Project Interview Clips

Project Committee Chair Dave Scheatzle introduced the committee members and thanked them for their work. He then noted that the Video History Project began as an effort to record the history of ASU’s development through the people who were part of it and has continued that process. He showed clips from recent interviews to give the audience a sense of the Project and the interview process. Dave also demonstrated how to access the interviews for viewing from the ASU Library Archives.

Remarks by Dr. Zuhdi Jasser, M.D., Founder and President of the American Islamic Forum for Democracy

Jim Fordemwalt introduced Dr. Jasser and expressed his appreciation of Dr. Jasser’s willingness to share information.

Dr. Jasser described Islamism as a politicized religion with the goal of creating Islamic states. Salafi jihadism is a transnational religious-political ideology with a goal of returning to (what adherents believe to be) “true” Suni Islam – the way it was at the time of Mohammed. The threat of a politicized religion running a country is that laws are made up to enforce beliefs and repress any alternate beliefs.

All Imams come from one religious school so that while some of them do not teach violence, they all have the same basic message teaching anti-Americanism, anti-Semitism, anti-nationalism and that American imperialism is the cause of all the world’s problems. Children are indoctrinated from an early age for total allegiance to the faith. They are taught to die for their faith and not their country, so radicalization becomes an easy process. The Muslim community is also taught the ideology that anyone arrested is being targeted by the police for their faith.

Dr. Jasser then talked about a multi-prong approach to fight against radicalized Islamic movements. First is a separation of “mosque and state,” the separation of theology and politics, and then the need to address the core ideologies of Islam, focusing on tolerance. There must be a unified Western vision (all political parties and leadership) in dealing with radical Islam.

The “hands off” policy of the current administration over the last 7 years has clearly not been effective. Additionally, the Muslim community should not be isolated or ostracized to become angry breeding grounds for jihadists. And there must be change within the Muslim community.

To that end, the Muslim Reform Movement is gaining momentum. This is an international initiative of Muslims who stand for a “respectful, merciful and inclusive interpretation of Islam” and who are seeking to transform their communities based on 3 principles: peace, human rights, and secular governance. Copies of the Muslim Reform Movement Declaration were made available to attendees. There is hope in the fight against radical Islam, but we will need to work together to accomplish change.



Dr. Zuhdi Jasser, M.D.

Introduction of New Board Members and Officers by 2016-17 President Barbara White

Jim Fordemwalt introduced Barbara White, the incoming President of the Association. Barbara thanked Jim for

(Continued on page 8)

(Continued from page 7)

his service last year and then introduced the new Board members. Barbara remarked that the theme for this coming year is “Wellbeing” in all its permutations – membership, finances, and outreach. She encouraged members to actively participate in the Association by volunteering their time and talents, by reaching out to friends and colleagues who are considering retirement and encouraging ASURA membership, and by making suggestions about fundraising, travel, seminar topics, etc. “We are all about the members, we need to hear from you!” Barbara concluded the meeting, thanking the speaker and audience for their participation.



Linda Stryker, Larry Carlson, Jeri Meeks, Barry Bruns, Larry Mankin



Jim Fordemwalt, Barbara White



Jim Fordemwalt & ASURA
25th Birthday Cake

Write a Will Workshop - February 18, 2016 — Joyce Hartmann Diaz

A total of 48 ASURA members attended the Wills, Trusts, and Probate seminar presented by:

- ◆ Nancy M. Gerald, Sr. Gift Planning Officer with the American Red Cross (Nancy.Gerald@redcross.org) and
- ◆ Practicing attorney, T. Troy McNemar, certified specialist in Estate and Trust Law, McNemar Law Offices, PC (Law@McNemar.com).

Both speakers, with their timely information, were very well received, as was the PowerPoint presentation by Mr. McNemar and the *Touching the Future* booklet that Ms. Gerald handed out to each attendee.

The booklet is available on line at <http://www.redcrosslegacy.org/pdf/RedCrossWorkbook.pdf>.

If you were not able to attend, there are a few handouts still available in the ASURA office, CSB 201B (480-965-7668).



Spring 2016 ASURA Luncheon - March 28, 2016 — Joyce Hartmann Diaz

Sixty people attended the Spring Luncheon on Monday, March 28 at the ASU Karsten Golf Course.

The speaker, Dr. Randy Cerveny, President's Professor of Geographical Sciences, spoke on world weather extremes. The title of his talk was "Who decides the Hottest and Coldest?" Dr. Cerveny is the United Nations/ World Meteorological Organization's Rapporteur of Weather and Climate Extremes. He is in charge of verifying world weather extremes, such as the world's hottest and coldest temperatures, strongest tornadoes and hurricanes and even largest hailstones.

Guest comments on the topic and the food were very positive.



Carl Cross, Marilyn Wurzburger, Carol Moore,
Jim Fordemwalt, Randy Cerveny

Tovrea Castle Tour - April 1, 2016 — John Brock, ASURA Travel Committee Chair

On Friday April 1, 2016, twenty-four ASURA members/guests toured the historic Tovrea Castle in east Phoenix. The persons on the tours were in two groups - the first group did the tour at 8:30 am and the second “shift” did the tour beginning at 11 am.

We enjoyed learning about the history of the property, the cactus-dominated landscape and touring the basement and ground floor of the building. The restoration of the building to its art-deco design has been well done. Because of some structural and restoration concerns, the upper two floors are not available for viewing. The tour lasted about 1.5 hours and was guided by two good docents.

After the 11 am tour, eight of us had lunch at the Stockyards steak house located on Washington, not far from the Tovrea Castle. Tovrea Castle is managed by the city of Phoenix and is a good example of how bond elections can benefit citizens.

This event is of high interest to the ASURA members. To secure our April 1 tickets, ASURA had to purchase the tickets almost a year in advance. Based on past expressed interest, we will arrange another tour of Tovrea Castle in the near future.



ASURA Visits Cuba — Gary Kleemann

This past March 2016, six ASURA members visited Cuba for a look at this “country of contradictions”. We cannot say that, after less than two weeks, we returned home fully understanding this place of paradoxes. Cuba with its crumbling infrastructure is still a place of some beauty. It is a third world country with a well educated population. It is a repressive Communist regime with first rate education, health care and cultural institutions accessible to all. It is a place where credit cards are not used, the Internet is difficult (at best) to access and no ATM machines are to be found. In many ways, Cuba is a step back in time to the 1960’s. The more you learn about Cuba, the more questions you have.

In many ways, Cuba can be divided into two parts: Havana and the rest of Cuba. We spent seven days visiting Camaguey, Remedios, Caibarien, Santa Clara, Jovellanos, and Matanzas (the non-Havana part of Cuba) before spending the next four days in Havana. We were treated to several musical and dance performances, visits to art galleries, and even a visit to the King Ranch outside of Camaguey, Cuba.

We visited with everyday Cubans in their homes and talked with them in a variety of settings. We learned about the history of Cuba and its various relations with the United States. We visited some coastal cities and inland farms. We also learned about the African rooted religion known as Santeria and of the Cubans’ love of baseball. We toured a cigar factory to see how the Cuban cigars are made.

We also visited a Cuban university and learned how it is run. No academic freedom or tenure in Cuban universities.

Our visit was just a week before President Obama visited. The Cubans were busy painting and fixing up things. The Cuban people are eager for the opening with the U.S. to occur and are hopeful that someday a Home Depot and a Checker Auto Parts will find their way to Cuba. The entrepreneurial spirit is strong amongst the Cuban people even though Cuba is a Communist economy.

Cuba – a study in contradictions.

The ASURA Travel Committee will be offering an international trip to **England, Scotland and Wales and Ireland in Depth** in **September 2017**. Watch for details in your inbox soon.

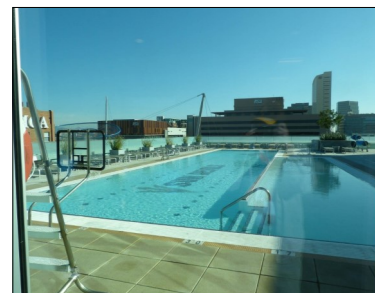


ASURA in Cuba: Gary and Vina Kleemann, Susana and John Johnson (top row); Ruth Jones, Marilyn Wurzbarger (bottom row)

Tour of ASU Downtown Center — *John Brock & Barry McNeill (photos by Joyce Hartmann Diaz & Barry McNeill)*

On February 20, 2016 about 18 persons gathered at the Civic Space Park near the ASU Downtown campus in Phoenix for a tour of the ASU Downtown Campus. The tour was led by Barbara Shaw-Snyder (Office of Public Affairs) and included visits to:

- The Sun Devil Fitness Complex with its fourth floor outdoor pool and elevated running track around the gym;
- University Central;
- The Cronkite Communications building and Cronkite News studio where John Brock and Joyce Hartman Diaz got to sit in the news anchor chairs;
- The Nursing and Health Innovation building; and
- The Construction site for the new Law School building where we got a Power-Point presentation of the new building by Thomas Williams (Assistant Dean).



Most of the tour attendees were amazed at the magnitude and quality of ASU's presence in the downtown area. As we walked from building to building you had a sense of being on a campus with students and green space but also of being downtown with retail stores and business folks intermingled with the students. We were very proud of the facilities available to the nearly 14,000 ASU students that select one of the downtown academic programs for study.

After the two-hour tour, many of the ASU retirees and their guests headed to lunch in the Phoenix downtown area.



*Joyce Hartmann Diaz,
John Brock*

(For more photos, please visit the ASURA Photo Collection - <http://asura.zenfolio.com/>)

2016 ASU Day at the Capitol — *Contributed by the Sun Devils Advocates*

It was a great day for Arizona State University at the State Capitol on Tuesday, Feb. 16. The university was well represented at the 30th annual ASU Day at the Capitol, which showcased initiatives, programs and use-inspired research that is benefitting the Valley of the Sun and the state as a whole.

More than 85 ASU faculty and staff assisted at 40 exhibits and tables, serving the 213 Legislative staff members, 14 Senators and 38 House of Representatives who attended the event. ASURA sent three members Jeri Meeks, Larry Carlson, and Hal White.



This year, attendees could get their blood pressure taken, learn about (and handle!) non-venomous snakes native to Arizona, observe the operation of a robotic jet-pack designed to help American soldiers run faster, and learn about a wide variety of other ASU initiatives. As always, there was a strong focus on demonstrating projects that have a deep, wide and lasting impact on the community in which ASU is embedded – from the local to global level. Many thanks to those who attended the event and lent their support to ASU.

You can sample the day's events by visiting our "Flickr photo album" dedicated to it (https://www.flickr.com/photos/asu_alumni/sets/72157664182212730) and by listening to a live episode of "The Alumni Experience podcast" recorded at ASU Day at the Capitol (<https://magazine.asu.edu/blog/alumni-entrepreneurship-sustainability-technology/sun-devils-impact-arizona-asu-day-capitol>).

As we progress through the legislative calendar, we keep you informed about legislation important to the future of ASU and higher education in Arizona, and ask you to take action. You can learn more about **ASU's goals for this session** and discover **new ways to advocate for ASU** at our website.

(For more photos, please visit the ASURA Photo Collection - <http://asura.zenfolio.com/>)

2016 Sleep Seminar - January 28, 2016 — Karen Hammann and Barry McNeill (Photos by Barry McNeill)

A full house of 54 attendees enjoyed a varied and highly informative session on “**SLEEP**” during the January 28, 2016 session of the ASU Retirees Association seminar series.

ASU School of Nutrition & Health Promotion professor, Dr. Matthew Buman, was joined by Professor Megan Petrov from the ASU College of Nursing & Health Innovation, along with Dr. Lois Krahn, M.D. and Professor of Psychiatry, from Mayo Clinic’s Sleep Disorders Center. The trio presented their research findings on “*sleep*”.

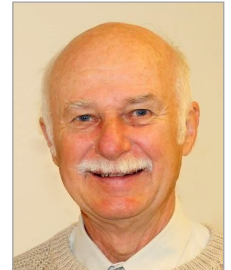
- Dr Buman’s talk was titled “Moving your Way to a Good Night’s Rest” and dealt with the “dynamic interplay of sleep, sedentary, and more active behaviors, and how collectively these behaviors may be harnessed for health promotion and disease prevention”. Dr. Buman’s presentation is available in .pdf format at https://asura.asu.edu/sites/default/files/PDF_Files/2016_01_28sleepseminar_bumanpresentation.pdf.
- Dr. Krahn’s talk was titled “Disturbed Sleep: The Role of a Center for Sleep Medicine” and gave a brief history of sleep disorder research and Mayo’s role in diagnosing and treating these disorders.
- Dr. Petrov’s talk was titled “Poor Sleep and Health Outcomes” and included information on how some of the disorders are treated.



*Dr. Matthew Buman, Dr. Lois Krahn,
Dr. Megan Petrov*

By the end of the seminar the audience members had received information about clinical and public health topics, tips and information about the benefits of healthy sleep cycles, sleep disturbances and inhibitors, and steps we can take to influence and restore healthy sleep patterns, as well as clinical aspects of sleep disorders and potential remedies.

*“Sleep is the golden chain that binds health
and our bodies together.” - Thomas Dekker*



(For more photos, please visit the ASURA Photo Collection - <http://asura.zenfolio.com/>)

Scamming Schemes Seminar - March 17, 2016 — Beverly Buddee, Seminar Committee

The “Scamming Schemes” Seminar, the final seminar in AY 2015-2016, was successfully held in mid-March. Jerry Watterworth, a volunteer Community Educator from AARP, spoke about the techniques used by scam artists and current scams of which to be aware. Jerry talked about the 13 ways con artists can steal your money via identity theft, investment fraud, and other common scans. Prevention tips included:

- Protect your Social Security Number and personal information;
- Monitor your bills and financial accounts;
- Watch over your credit reports;
- Protect personal identification numbers (PINS) and passwords;
- Protect your information online;
- Protect your mail, and
- Be cautious of scams and frauds

Available resources include:

- **AARP Fraud Watch Network** - <http://www.aarp.org/money/scams-fraud/fraud-watch-network>
- **Fraud Fighter Call Center** (AARP counseling, support & referral services to fraud victims) 877-908-3360

(Continued on page 12)

(Continued from page 11)

- **National Association of Attorney Generals** - <http://www.naag.org/>
- **FINRA Investor Education Foundation** - <http://www.saveandinvest.org>
- **The North American Securities Administrators Association** - <http://www.NASAA.org>
- **U.S. Postal Inspection Service** - <http://www.deliveringtrust.com>

Terry Alexon, Investor Education Coordinator for the Securities Division of the Arizona Corporation Commission, spoke to common tactics used in investment fraud. Common tactics include:

- The “Phantom Riches” Tactic – dangling the prospect of wealth, enticing you with something you want but cannot have.
- The “Source Credibility” Tactic – trying to build credibility by claiming to be with a reputable firm, or to have a special credential or experience.
- The “Social Consensus” Tactic – leading you to believe that other savvy investors have already invested.
- The “Reciprocity” Tactic – offering to do a small favor for you in return for a big favor.
- The “Scarcity” Tactic – creating a false sense of urgency by claiming limited supply

Terry also talked about how to protect you from investment fraud:

- End the conversation: Simply tell the person, “I am sorry, I am not interested.” Or tell anyone who pressures you, “I never make investment decisions without first consulting my ___ >” Fill in the blank with whomever you choose. Then hang up the phone. And don’t worry about missing out real deals will still be there tomorrow.
- Turn the tables and ask questions: Before you give out information about yourself or sign on the dotted line, ask “Are you a licensed broker? Is that investment registered?” Then check out the seller and the investment using available resources.
- Talk to someone first: Even if the seller and the investment are registered, it’s always a good idea to discuss these sorts of decisions with family or a trusted financial professional.

Available resources to check before you invest include:

- * **SaveAndInvest.org** - 888-295-7422
- * **FINRA BrokerCheck** (for information about a Broker/Firm) - www.finra.org/brokercheck - 800-289-9999
- * **SEC Investment Adviser** (for information about an Investment Adviser) - Public Disclosure Database: www.adviserinfo.sec.gov
- * **Securities Division, AZ Corporation Commission** – (for information about an Arizona Broker-dealer, Investment Adviser or Investment) - www.azinvestor.gov - 866-837-4399
- * **SEC’s EDGAR Database** – (for information about an Investment) - www.sec.gov/edgar.shtml

ASURA Fall 2016 Events

The ASURA Events Committee has begun planning for the Fall 2016 events. Following is a tentative fall calendar with a brief description of each event. As you will see some of the events still need dates and times. Further, other events may be added at a later time. For more information on these and other planned events visit the ASURA website at <https://asura.asu.edu> and click on the Events tab.

Fall 2016 Meet & Greet Pizza Party with Pre-party Seminar:

(Wednesday, September 14; 10:45 am to 1:00 pm; CSB Rm. 333 & 330; Free)

The first event of the ASURA year is co-hosted by the Luncheon & Special Events and Seminar Committees and is our annual Meet & Greet Party with free pizza! It is a chance to welcome our new retirees and reconnect with former colleagues and long-time friends. Members of the ASURA Board, Committee Chairs, and Liaisons will be present and will announce events that are already planned for 2016-2017. This is also an opportunity to express your interest in volunteering to participate on one of the various committees.

(Continued on page 13)

(Continued from page 12)

Medicare-ADOA-ASRS Open Enrollment Seminar:

(Thursday, October 20; 10 am to noon; Tempe History Museum; Free)

Get ready for this year's open enrollment period by brushing up on Medicare and health care options for retirees at ASURA's annual health insurance seminar.

Rhythm Cats:

(Early November, date TBD; evening, time TBD; The Silver Star, 5247 Brown Rd., Mesa; Cost TBD)

This will be a dinner/variety show event. You will enjoy a buffet style dinner and a show. You can expect an excellent variety show with music and comedy. Previous shows have showcased Rock, Country, Big Band, Pop and just about anything you can imagine. The variety show will have music from many decades and genres.

The Spirit of Phoenix Chorus:

(Early December, date TBD; 2:00 to 6:00 pm; Mesa Skyline High School, 845 So. Crisomon Rd., Mesa; Cost TBD)

Join the Travel Committee on its annual trip to Mesa Skyline High School to usher in the Christmas season with a special musical concert by the Spirit of Phoenix Chorus.

Holiday Potluck & Bake Sale:

(Mid December, date TBD; 11:30 am to 1:30 pm; CSB 330; Free)

Plan to attend the annual ASURA Holiday Potluck. This is always a good time to celebrate the closing of the year. As in the previous few years there will also be a bake sale associated with the potluck. All money raised will go to ASURA to help fund activities of general interest to all.

Obituaries: January 20, 2016 - May 29, 2016

*(please note that all obituary notices and photos, when available, are on our website:
<https://asura.asu.edu/obituaries>)*

Becky Reiss



Name	Date of Death	ASU Affiliation
Anders, Gary C.	February 17, 2016	Professor Emeritus, Economics
Argue, Leah Annette	January 30, 2016	Wife of Gary Argue, VP of Research, deceased in 2012
Ball, Frances Quist	January 18, 2016	Secretary, Department affiliation unknown
Bolster, Sharon Jeannine	March 11, 2016	Professor, College of Education
Borrer, Connie M.	April 10, 2016	Professor, Division of Mathematical and Natural Sciences, ASU West
Buckingham, Willis John	February 28, 2016	Emeritus Professor, English Department
Cartsonis, Emanuel Michael "Mike"	April 12, 2016	Professor, Architecture
Carufel, Catherine Mildred "Caye"	January 26, 2016	Education Department, Athletic Department
Cecile, Joanne	May 9, 2016	College/Department unknown

(obituaries continued on page 14)

(obituaries continued from page 13)

Name	Date of Death	ASU Affiliation
Colton, John Gaylord	January 19, 2016	Del E Webb School of Construction advisory board member, and supporter with annual student scholarships
Dawkins, Lola B.	March 18, 2016	Faculty, Department/College affiliation unknown
Devany, Laura	January 21, 2016	Public Relations
Farin, Gerald	January 14, 2016	Professor, Computer Science
Fawcett, Herbert Willard	February 13, 2016	Bassoon instructor and member of Faculty Woodwind Quintet
Figgins, Ross	March 26, 2016	Husband of Jenny Gilsdorf Figgins, Professor, department affiliation unknown
Fullinwider Simon P.	November 12, 2015	Emeritus Professor, History Department
Gerking, Louisa Burke	May 10, 2016	Wife of Shelby D. Gerking, Professor Emeritus and Chair, Zoology Department
Gieschen, Lorna Jeanne	February 12, 2016	Wife of Donald Gieschen, Emeritus Professor, Philosophy and ASURA President 1996-1997
Gorman, William "Bill" Maurice, Jr.	March 26, 2016	Ticket Manager
Greene, Juanita Rosita	January 10, 2016	Interpreter for the deaf
Griesman, Elizabeth Marie	February 18, 2016	Admin. Asst. to Dean, College of Education, ASU West
Hampton, Janice Aldyne	May 19, 2016	English Department
Hart, Col. Edward Perry	May 4, 2016	Taught ROTC
Holland, Susan Elizabeth "Beth" Harper	May 1, 2016	Office of the President
Huizingh, William	March 18, 2016	Professor Emeritus of Accountancy
Klikoff, Lionel	February 26, 2016	Professor, Department unknown
Lincoln, Joan Elise	March 7, 2016	The Lincoln Center for Applied Ethics
Luchsinger, Wayne Wesley	March 28, 2016	Professor Emeritus, Chemistry
McNulty, Julie Ann	March 30, 2016	Associate Professor Nursing & Health Innovation Research
Meitz, Robert Otto	January 19, 2016	Instructor, Engineering, Polytechnic campus

(obituaries continued on page 15)

(obituaries continued from page 14)

Name	Date of Death	ASU Affiliation
Melnick, Joanne Cecile	May 9, 2016	Department unknown
Merrill, Bruce	April 9, 2016	Professor Emeritus and Director of Media Research, Cronkite School of Journalism and Mass Communication
Mitchell, Richard	March 16, 2016	Professor of Quantitative Methods
Moody, Elaine	March 10, 2016	Wife of Edward Grant Moody, professor of Animal Science
Nash, Yvonne	April 28, 2016	Administrative Assistant, Library
Nelson, J. Russell	March 23, 2016	14th President of ASU, 1981-1989
Phelan, Barbara G.	February 29, 2016	Receptionist, Associated Students
Robbins, Earl Reding	April 26, 2016	Professor Emeritus, School of Computer and Informatics, Ira A. Fulton School of Engineering
Roberts, Jr., Col. Russell "Bud" C.	February 18, 2016	Led ROTC
Saffell, Charles Ashley, M.D.	January 23, 2016	Father of Charles (Chuck) Saffell II, University Business Services, Materials Management; and Dr. Erinanne Saffell, Instructor in School of Geographical Sciences/Urban Planning
Salerno, Nicholas A.	March 15, 2016	Emeritus Professor, English Department
Sargent, Henry B., Jr.	January 28, 2016	Established the Claire and Henry Sargent Graduate Fellowship in Theatre in School of Film, Dance and Theatre
Sawyer, Elsie Evelyn	April 28, 2016	Secretary to Dean of College of Fine Arts
Shelor, Michael Edward	January 12, 2016	College of Architecture Design Review Board Member
Sheppard, Douglas C.	January 25, 2016	Department of Foreign Languages
Susel, Rudolph M.	February 12, 2016	Assistant Professor, History
Taszarek, James F. "Taz"	February 25, 2016	Founding board member, Walter Cronkite School of Journalism and Mass Communication
Vellutato, Marilyn Susan	January 22, 2016	Administration, ASU West
Walsh, Veronica	March 31, 2016	Graduate College and School of Fine Arts
Watkins, Lucy Elena	January 6, 2016	Administrative Assistant, Assistant Registrar
Weigend, Guido Gustav	April 1, 2016	Dean, College of Liberal Arts; Professor Emeritus, Geography
William, James	March 31, 2016	Football Coach

Volunteers Needed

- Staff needed for the ASURA office starting in September for Tuesday mornings, 9-noon. **Contact** Nancy Lesko or Linda Van Scoy, 480-965-7668.
- Technology and Website Committee needs volunteers to help maintain ASURA's technology infrastructure. **Contact** Connie McNeill, mcneill@cox.net.
- Chair and committee members needed for the Seminars Committee. **Contact** Barbara White, barbara.white@asu.edu.
- Video History Project — tech savvy people with ability to be video editors, use iMovie or Adobe Premiere. **Contact** Dave Scheatzle, david.scheatzle@asu.edu.
- Legislative Liaison group needs 2-3 volunteers. **Contact** Barbara White, barbara.white@asu.edu.

Prime Times is issued three times annually by the Arizona State University Retirees Association and offers special editions, as needed. It is compiled and published by Jeannette Robson, printed by AlphaGraphics, and mailed through ASU Mail Services. Articles are always welcome, subject to Board approval.

Mailing Address:

Prime Times, ASU Retirees Association
PO Box 873308
Tempe, AZ 85287-3308

Arizona State University Retirees Association:

ASURA has a volunteer-staffed office in the Community Services Building, 200 E. Curry Rd., Room 201B in Tempe, Arizona.

Summer 2016 Office hours are Monday through Thursday, 9:00a.m. - noon and **CLOSED** all-day on Friday. It's best to call beforehand.

Phone: (480) 965-7668
Fax: (480) 965-7807
Website: <https://asura.asu.edu>